

# 2008 YEAR IN REVIEW

## OFFICERS AND STAFF

### Executive Director:

**Dr. Scot Waterman**

### Chairman:

**Dr. Robert Lewis**  
AAEP

### CEO:

**Dan Fick**  
EVP & Executive Director,  
The Jockey Club

### Vice Chairmen:

**Alan Foreman**  
CEO,  
Thoroughbred Horsemen's  
Association

### Chris Scherf

EVP,  
Thoroughbred Racing Associations

### Secretary:

**Dr. Rick Arthur**  
Equine Medical Director,  
California Horse Racing Board

### Treasurer:

**Tom Charters**  
President,  
The Hambletonian Society

### Consultants:

**Dr. Bill Muir and Lonny Powell**

### Director of Communications:

**Hallie Roach**

### Administrative Assistant:

**Rebecca Allison**

March 2009

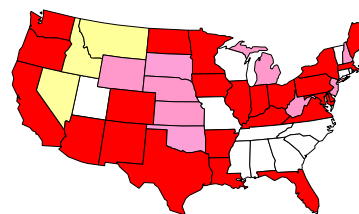
## Adoption of RMTC Model Rule on Anabolic Steroids

In 2008, the racing industry saw great progress in reaching its goal to encourage all state racing commissions to adopt the model rule regulating the use of anabolic steroids. As we embark on 2009, RMTC has seen a swift movement to adopt this important language that effectively eliminates these drugs from racing.

To date, 24 states have adopted the model rule and nine states are in the process of adopting the language. These states constitute well over 90% of Thoroughbred races and approximately 99.96% of the total Thoroughbred pari-mutuel handle in America.

Contrary to popular belief, the RMTC, with the help of its many stakeholder organizations, has been working to pass this regulation since well prior to the events of the 2008 Triple Crown and subsequent congressional hearings.

"Eliminating steroids from racing competition has been a goal of RMTC since our inception," said RMTC Executive Director Dr. Scot Waterman. "And after seeing such a swift movement to adopt the model rule in 2008, I feel confident that our goal will soon be fully realized."



- Language adopted
- Language in the process of being adopted
- Process has not been started
- No horse racing or harness racing commission

## RMTC Drug Testing Initiative Hits the Ground Running

An industry-wide concern about the quantity, quality and efficiency of drug testing laboratories for U.S. horse racing impelled the RMTC to action in 2008. At its September board meeting, RMTC approved a five-part drug testing initiative to develop a comprehensive plan that will advance post-race testing in the U.S. to an unprecedented level. The initiative is modeled after the World Anti-Doping Agency (WADA), which accredits all those laboratories conducting tests on Olympic athletes. Participants in RMTC's Drug Testing Initiative Task Force have been busy examining all aspects of drug testing from sample collection to laboratory standards and economics.



Photo by Laura Plato

Our drug testing initiative, which is being underwritten financially by The Jockey Club, includes the following action points:

- Development of laboratory standards and accreditation criteria to ISO standards
- Expansion of current quality assurance and laboratory proficiency programs
- Development of a business plan for the U.S. drug testing infrastructure including industry-sponsored research and reference equine drug testing laboratories
- Establishment of a post doctoral and grad student recruitment program for drug testing research and laboratory staff development
- Review of current sample collection strategies including long-term storage of frozen samples

Essential to this effort will be the accreditation to ISO 17025 standards so that each laboratory's work will meet the highest standard possible.

*“The RMTC has an extremely high-quality scientific research program, which is critical to solving the safety and integrity issues that face the racing industry now and in the future.”*  
**-Dr. Bill Muir**

## 2008 Research Program

In 2008, RMTC committed more than \$300,000 to support comprehensive research over the next two years on the use and effects of corticosteroids. When used appropriately, corticosteroids are useful in decreasing inflammatory and immune responses in horses, but can be potentially dangerous when not. We are hopeful that the results of our research will allow the development of model rules, best practices and proper procedures related to the administration of corticosteroids.

Therapeutic medications have been a constant focus of the RMTC. The list of RMTC-supported research studies below includes therapeutics routinely used by regulatory veterinarians and identified as necessary in some cases by the RMTC Scientific Advisory Committee. Extensive research on these medications enables the committee to set withdrawal times and threshold limits that allow therapeutic use, while ensuring the integrity of the race.

### 20-horse administration completed:

Boldenone  
 Nandrolone  
 Stanozolol  
 Testosterone  
 Butorphanol  
 Glycopyrrolate  
 Methocarbamol  
 Pyrilamine

### Pilot Studies Conducted:

Acepromazine  
 Detomidine  
 Lidocaine  
 Mepivacaine

### Awaiting Pilot Study:

Dantrolene  
 Dexamethasone  
 Firocoxib  
 Fluphenazine  
 Hydroxyzine

## Check Out Our Website at [www.RMTCnet.com](http://www.RMTCnet.com)



*Thank you to the 60,311 unique visitors to our website, [rmtcnet.com](http://rmtcnet.com), in 2008. We greatly appreciate your interest. Please visit us again soon!*

*Strengthening the Integrity of Racing*



**About Us**

- History
- Goals & Objectives
- Organization
- Officers & Staff



**Our Work**

- Withdrawal Times
- Model Rules
- Research



**News**

- Headlines
- Press Releases
- Newsletters
- Media



**RMTC Model Rule Adoption Map**

**You Can Help**

**Latest State to Adopt Model Rule on Anabolic Steroids**

powered by:

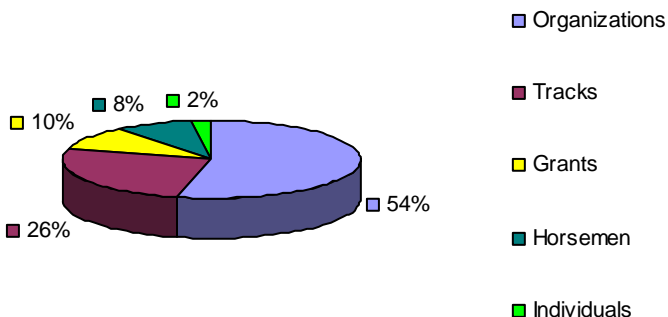


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## 2008-2009 Financial Information

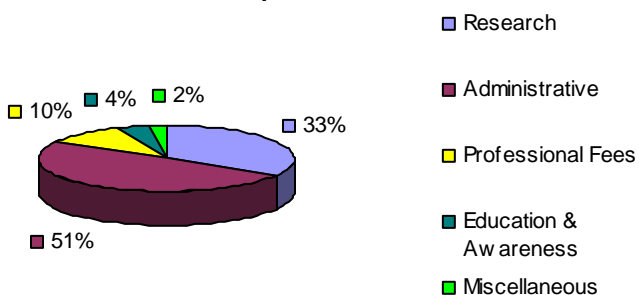
### 2008 Contributions



### 2008 CONTRIBUTIONS

Organizations	\$533,000
Tracks	256,659
Research Grants	100,000
Horsemen's Organizations	82,154
Individuals	22,010
<b>Total</b>	<b>\$993,823</b>

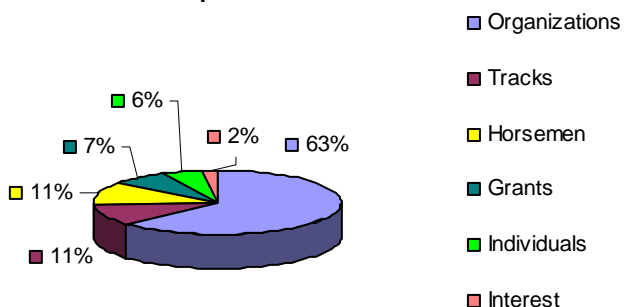
### 2008 Expenditures



### 2008 EXPENDITURES

Research	\$202,364
Administrative	300,374
Professional Fees	62,500
Education & Awareness	24,604
Miscellaneous Expenses	14,260
<b>Total</b>	<b>\$604,102</b>

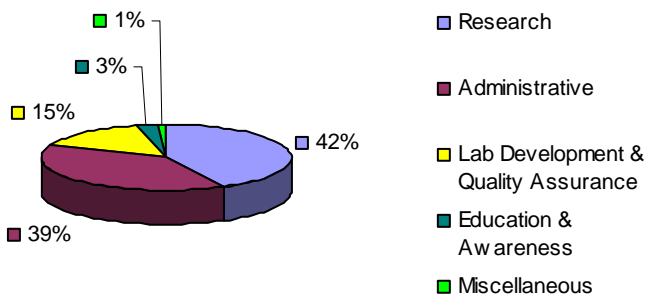
### 2009 Proposed Contributions



### 2009 PROPOSED CONTRIBUTIONS

Organizations	\$850,000
Tracks	150,000
Horsemen's Organizations	150,000
Research Grants	100,000
Individuals	75,000
Interest	25,000
<b>Total</b>	<b>\$1,350,000</b>

### 2009 Budgeted Expenditures



### 2009 BUDGETED EXPENDITURES

Research/Scientific Grants	\$575,000
Administrative	521,500
Lab Development & Quality Assurance	200,000
Education & Awareness	40,000
Miscellaneous	13,500
<b>Total</b>	<b>\$1,350,000</b>



## Industry Stakeholder Contributions for 2008

- |  |  |
|--|--|
| American Association of Equine Practitioners | AQHA                                     |
| Arabian Jockey Club                          | Arlington Park                           |
| Calder Race Course                           | California Thoroughbred Trainers         |
| Churchill Downs Incorporated                 | Del Mar Thoroughbred Club                |
| Fair Grounds Race Course & Slots             | Fairplex Park                            |
| Finger Lakes Racing Association              | Florida HBPA                             |
| Hollywood Park                               | Hoosier Park                             |
| Illinois TOBA                                | Keeneland Association                    |
| Kentucky Downs                               | Kentucky Thoroughbred Association        |
| Magna Entertainment Corp.                    | Minnesota HBPA                           |
| National HBPA                                | National Thoroughbred Racing Association |
| NYRA   | Oak Tree Racing Association              |
| Pennsylvania HBPA                            | Sunland Park                             |
| Tampa Bay Downs                              | The Hambletonian Society                 |
| The Jockey Club                              | The United States Trotting Association   |
| Thoroughbred Owners of California            |  |

*“Without the generous financial support that we receive from our donors, our efforts would be impossible.*

*We are extremely thankful for our contributors, and we hope for their continued support.”*

*-Dan Fick*

## Individual Contributions for 2008

### HALL OF FAMER

#### \$2,500 & Up

Barry Irwin

### CHAMPION

#### \$1,000-\$2,499

Marsha Naify

### WINNING CIRCLE

#### \$100-\$499

Rayzin The Bar Thoroughbreds

Stuart Huston

Susan Chatfield Taylor



Photo by Laura Plato

## Board of Directors

American Association of Equine Practitioners  
 American Quarter Horse Association  
 Arabian Jockey Club  
 Breeders' Cup Limited  
 Churchill Downs Inc.  
 Del Mar Thoroughbred Club  
 The Hambletonian Society  
 Harness Tracks of America  
 The Jockey Club  
 Jockeys' Guild  
 Keeneland Association  
 Kentucky Thoroughbred Association

Magna Entertainment Corp.  
 National HBPA  
 National Thoroughbred Racing Association  
 New York Racing Association  
 Oak Tree Racing Association  
 Racing Commissioners International  
 Thoroughbred Horsemen's Association  
 Thoroughbred Owners and Breeders Association  
 Thoroughbred Owners of California  
 Thoroughbred Racing Associations  
 Thoroughbred Racing Protective Bureau  
 United States Trotting Association

*RMTC has a diverse board of directors consisting of veterinarians, track managers, horsemen, regulators and other racing representatives.*



Photo by Laura Plato

## Assisting and Educating the Racing Industry

In 2008, RMTC directors and staff participated in many different projects to better serve the racing industry:

- Presented information to groups such as the University of Arizona RTIP, state racing commissions, TOBA, AAEP, ROAP, USTA, IFHA and The Jockey Club Thoroughbred Safety Committee
- Updated information on recommended withdrawal times for various medications in the RMTC withdrawal time database
- Communicated results of important research on anabolic steroids
- Produced public service announcements about racing integrity
- Posted informational videos on [rmtcnet.com](http://rmtcnet.com)
- Created Web banners and print advertisements that encourage industry-wide funding of integrity initiatives
- Wrote articles for trade magazines about upcoming research, drug testing and medication regulation
- Communicated relevant news stories and announcements on [rmtcnet.com](http://rmtcnet.com)
- Attended both national and international conferences to collaborate on global harmonization of medication policies and recommendations
- Sponsored an equine racing chemist workshop to foster uniformity in drug testing of anabolic steroids
- Instructed students in continuing education courses and racing officials accreditation schools
- Conducted correspondence and dozens of print, radio and online interviews with racing fans and the media

**STRENGTHENING  
THE INTEGRITY  
OF RACING**

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**ATTENTION BOARD MEMBERS:  
Our next board meeting will  
be June 18 in Baltimore, MD.**

## Our Mission

*The RMTC strives to develop, promote and coordinate, at the national level, policies, research and educational programs that seek to ensure the fairness and integrity of racing and the health and welfare of racehorses and participants, and to protect the interests of the racing public.*



## Organizational Goals for 2009

### Facilitate Drug Testing Initiative Task Force

- Develop laboratory standards and accreditation criteria to ISO standards
- Expand current quality assurance and laboratory proficiency programs
- Develop a business plan for the U.S. drug testing infrastructure including industry-sponsored research and reference equine drug testing laboratories
- Establish a post doctoral and grad student recruitment program for drug testing research and laboratory staff development
- Review of current sample collection strategies including long-term storage of frozen samples
- Facilitate and partially fund TIP program in 2009

### Continue to Receive and Analyze Unknown and Confiscated Products for Prohibited Substances

#### Coordinate Existing Research Programs on:

- Acepromazine
- Detomidine
- Lidocaine
- Mepivacaine
- Dantrolene
- Dexamethasone
- Firocoxib
- Fluphenazine
- Hydroxyzine

#### Coordinate Research on Administration of Glucocorticosteroids to Develop:

- Model Rules
- Best practices
- Proper procedures

#### Promote and Monitor Adoption of RMTC/RCI Model Rules:

- Medication policies phase I
- Uniform penalties
- Anabolic steroids
- TCO2 testing
- Out-of-competition testing

**RMTC welcomed Administrative  
Assistant Rebecca Allison in June  
and Executive Consultant Lonny  
Powell in November.**